



PRIVATE TRAINING FORM 2021/2022

77 Bree Street / Cape Town CBD
train@irontiger.co.za / www.irontiger.co.za

MEMBER DETAILS

Full Name	<input type="text"/>
ID Number*	<input type="text"/>
Cellphone Number	<input type="text"/>
Email Address	<input type="text"/>
Physical Address	<input type="text"/> <input type="text"/>
	Code <input type="text"/>

*If under 18 years of age parent/guardian must complete agreement below.
Please ensure every section is completed and signed.

AGREEMENT

This Private Training Agreement between Member ("You") and Iron Tiger - Fight & Fitness (the "Gym") confirms that you are a member from date of agreement, and accept, and comply, with all details, terms and conditions as stipulated below. **Please ensure all terms and conditions are read and understood prior to signing.**

It is expressly understood and agreed that this contract is not assignable or transferrable by Member and no rights or privileges granted by this membership can be transferred or assigned by Member.

A. PRIVATE TRAINING PACKAGE

Please indicate your desired package by checking the appropriate box:

- | | |
|---|---|
| <input type="checkbox"/> 4 Session Package (R1 800)
4 Private Training sessions at R450/session
Must be utilised within 1 month | <input type="checkbox"/> 10 Session Package (R3 800)
10 Private Training sessions at R380/session
Must be utilised within 2 months |
| <input type="checkbox"/> 8 Session Package (R3 600)
8 Private Training sessions at R420/session
Must be utilised within 2 months
Recommended: 2 sessions per week, over 1 month | <input type="checkbox"/> Month-to-Month Package (R1 600 / R3 200)
4 or 8 Private Training sessions per month at R400/session
(Debit order payment method only) |
| | <input type="checkbox"/> Iron Tiger Member (Attends regular group classes)
apply 10% Discount to above package |

B. FEES & REGISTRATION

1. Fee Structure

- 1.1 Private Training Fee is set out as per above selected package.
- 1.2 Training fees are payable in advance, and in full via EFT or SnapScan, before training can commence.
- 1.3 A once-off, non-refundable joining fee of R150 is required for month-to-month clients, upon sign-up. Should you update to a different package, a new membership agreement may be completed, but no sign-up fee is applicable again.
- 1.4 Month-to-month private training payments are to be made via debit order, and is mandatory for all clients, unless a minimum period of 6 months is paid in full, in advance, by prior arrangement.
- 1.5 A charge of R100 will be made for any returns due to insufficient funds, or late payments, on debit orders.
- 1.6 The Gym may change month-to-month fees under this Agreement by posting notice of such change at least 30 days in advance of such change.

2. Cancellations

- 2.1 Missed classes cannot be made up or carried over beyond the stipulated utilisation period. You may however defer a month's training with the proper notice and valid reason due to injury or unavoidable travel.
- 2.2 One month's notice is required should a Month-to-Month client wish to cancel their contract.
- 2.3 Without limiting the Gym's ability to terminate this membership for cause, the Gym may terminate this agreement for any reason at the end of any given month. If the Gym elects to so terminate, the Gym will refund a pro rata portion of any dues applicable to future month(s).

C. CODE OF CONDUCT

- 3.1 The Client agrees to comply with all the established rules and regulations of the Gym, and those as may be laid down from time to time for the use of the Gym training facilities, premises, and equipment therein.
- 3.2 Iron Tiger reserves the right to revoke this agreement for cause if Client fails to keep and obey any of such rules and regulations, or for reasons of nuisance, disturbance or other members or staff, moral turpitude or fraud.
- 3.3 You agree to obey the following rules and regulations by:
 - Always treating fellow members and staff with fullest respect and courtesy at all times.
 - Always considering other members' rights and privileges while he/she is training.
 - Following direction and instruction as issued by trainers during private classes.
 - Looking after the gym equipment while using it, and returning equipment to its rightful place after workout.
 - Accepting fullest responsibility for any damage done to equipment due to misuse.
 - Following directions on the proper use of the training equipment and asking for directions when necessary.

D. IMAGE RELEASE

- 4.1 Iron Tiger, will, on occasion, take photos or videos of classes, training and individuals for the purpose of use in social media and marketing. You herewith give consent for the Gym to use any images or video that may be taken of yourself for these purposes.

E. LIABILITY

5.1 Iron Tiger, its owners, employees, representatives and/or agents shall not accept liability for any loss, damage or injury of any nature or death whether rising from negligence or otherwise which is suffered by any person who enters the premises.

5.2 Iron Tiger does not accept responsibility for any personal injuries or damage or loss of personal property.

5.3 It is further agreed that all exercises, including the use of weights, number of repetitions, and use of any and all machinery, equipment, and apparatus designed for exercising and the use of the Gym's premises and facilities shall be at the Member's sole risk. Notwithstanding any consultation on exercise programs which may be provided by Gym employees or agents, it is hereby understood that the selection of exercise programs, methods and types of equipment shall be Member's entire responsibility, and the Gym shall not be liable to Member or Member's family for any claims, demands, injuries, damages, or actions arising due to injury to Member's person or property arising out of or in connection with the use by Member of the services and facilities of the Gym or the premises where the same is located.

5.4 The Member, for himself, and on behalf of his family, executors, administrators, and personal representatives does hereby forever release and discharge the Gym, its successors, assigns, owners, officers, directors, employees, and agents from all claims, demands, injuries, damages, actions, losses and expenses. This section will survive any cancellation of this Agreement.

F. DECLARATION OF HEALTH

Please ensure that prior to participating in any form of exercise that you consult a medical doctor. you detail any and all history of illness or other health related issues that we must be aware of in cases of emergency, including but not limited to asthma, epilepsy, heart conditions, etc.

List all health conditions and injuries

Doctor

Name Telephone

Emergency Contact

Name

Relation Cellphone

G. DEBIT ORDER DETAILS (For Month-to-Month Clients Only)

I acknowledge and agree to pay the above-mentioned fees and understand that I am giving Iron Tiger - Fight & Fitness the right to debit my bank account/credit card for any fees owing at the time, inclusive of late payment and returned payment fees.

Bank debit order instruction / credit card authority

Name (Account Payer)	<input type="text"/>		
Contact Number	<input type="text"/>		
Address	<input type="text"/>		
	<input type="text"/>	Code	<input type="text"/>
Debit Amount	<input type="text"/>	Commencement Date	<input type="text"/>
Abbreviated name as registered with the bank : IRON TIGER			

The details of my/our account are as follows:

Account Holders Name	<input type="text"/>		
Account Number	<input type="text"/>		
Bank	<input type="text"/>		
Branch & Town	<input type="text"/>	Branch Code	<input type="text"/>
Type of Account (Savings / Cheque / etc)	<input type="text"/>		
Date of Debit Order	Last day of the month, preceeding training month		

This signed Authority and Mandate refers to our contract as dated as on signature hereof ("the Agreement"). I / We hereby authorize you to issue and deliver payment instructions to the bank for collection against my / our abovementioned account at my / our above mentioned bank (or any other bank or branch to which I / We may transfer my / our account) on condition that the sum of such payment instructions will never exceed my / our obligations as agreed to in the Agreement, and commencing on the commencement date and continuing until this Authority and Mandate is terminated by me / us by giving you notice in writing of no less than 20 ordinary working days, and sent by prepaid registered post or delivered to your address indicated above.

The individual payment instructions so authorized to be issued must be issued and delivered as follows

i. On the last day of the month 28th / 29th Feb or 30th or 31st other months ("payment day") of each and every month. In the event that the payment day falls on a Saturday, Sunday or recognized South African public holiday, the payment day will automatically be the very next ordinary business day. Further, if there are insufficient funds in the nominated account to meet the obligation, you are entitled to track my account and re-present the instruction for payment as soon as sufficient funds are available in my account;

ii. Monthly; on or after the dates when the obligation in terms of the Agreement is due and the amount of each individual payment instruction may not be more or less than the obligation due;

I / We understand that the withdrawals hereby authorised will be processed through a computerized system provided by the South African Banks and I also understand that details of each withdrawal will be printed on my bank statement. Each transaction will contain a number,

which must be included in the said payment instruction and if provided to you should enable you to identify the Agreement. A payment reference is added to this form before the issuing of any payment instruction. I / We shall not be entitled to any refund of amounts which you have withdrawn while this authority was in force, if such amounts were legally owing to you.

MANDATE

I / We acknowledge that all payment instructions issued by you shall be treated by my/our above-mentioned bank as if the instructions had been issued by me/us personally.

CANCELLATION

I / We agree that although this Authority and Mandate may be cancelled by me / us, such cancellation will not cancel the Agreement. I / We shall not be entitled to any refund of amounts which you have withdrawn while this authority was in force, if such amounts were legally owing to you.

ASSIGNMENT

I / We acknowledge that this Authority may be ceded to or assigned to a third party if the agreement is also ceded or assigned to that third party, but in the absence of such assignment of the Agreement, this Authority and Mandate cannot be assigned to any third party.

Signed at _____ on this _____ day of _____ 20 _____

H. ACCEPTANCE

I, the undersigned, do hereby acknowledge and agree that the training facilities provided by Iron Tiger have specifically been formulated to ensure my safety and encourage the best possible results from regular training. I have read the terms and conditions of membership and agree to all the rules and regulations stipulated therein.

I further confirm all details provided by myself are accurate, and that I have consulted my physician on doctor prior to commencing training.

I confirm I have read, and understood, the payment structure, waiver and release of liability, and voluntarily executed this document with full knowledge of its content.

Member Signature

_____ / _____ / _____

Member Full Name

Date

Place

If under 18 years of age, please ensure that your parent or guardian signs on your behalf:

Signature (Parent / Guardian)

_____ / _____ / _____

Full Name (Parent / Guardian)

Date

Place



THANK YOU AND SEE YOU ON THE FLOOR!